

CASCADE SPINE & INJURY CENTER

MULTIDISCIPLINARY
EVIDENCE-BASED
INJURY CARE



ABOUT US

We are a multidisciplinary injury clinic that utilizes the synergistic power of chiropractic, massage, acupuncture, and exercise therapy so patients can recover from injury naturally.

WHAT WE DO

- Manual and Instrument Chiropractic Spinal and Extremity Adjustments
- Swedish and Deep Tissue Massage Therapy
- Progressive Therapeutic Exercise Protocols
- Ultrasound, Cervical and Lumbar Traction, Hot Laser, Interferential Current, Moist Heat/Ice, Intersegmental Traction, and more
- Acupuncture, Cupping, and Herbal Medicine

CONDITIONS WE TREAT

Whiplash	Headaches
Auto Accident Injuries	Sports Injuries
Sprains/Strains	Sciatica
Workplace Injuries	Spinal Pain

HOW WE TREAT

We harness the power of combined chiropractic care, massage therapy, acupuncture, and therapeutic exercise to comprehensively address our patients complaints.

We utilize evidence-based protocols and keep abreast of recent advancements in conservative care.

We create a caring treatment environment, where care is personalized for each individual patient.

ABOUT THE DIRECTOR

Jonathan McClaren, DC
Clinical Director
Chiropractic Physician

- University of Western States Doctor of Chiropractic Degree
- Advanced Certification in Whiplash Biomechanics and Injury Traumatology
- Medical/Chiropractic Certifications in Spinal MRI Interpretation and Spinal Biomechanical Engineering
- ACTAR Accredited Traffic Accident Reconstructionist

HOURS & LOCATION

5253 NE Sandy Blvd.
Portland, OR 97213
(503) 893-5131

www.cascadespineandinjury.com

Monday - Friday • 10am-6pm
Weekend Appointments Are Available

